



**For the comfort and well-being of everybody staying in the complex, we kindly ask you to assist us with the rules listed below.**

### **Complex rules**

- Please do not sunbathe or sit on the grass.
- Do not plant flowers or other plants in the gardens.
- Do not leave personal possessions in the communal areas. The Customer Care Department will not take responsibility for any personal possessions stolen.
- Do not interfere with service boxes i.e.. Electric, telephone or the sprinklers in the garden area.
- Please contact customer care if you have problems with items that are under guarantees.
- Do not enter service machinery rooms, ie. pool pumping room.
- Please do not put anything including toilet paper in the toilets.
- Please be aware of other residents, do not have your music, TV at high volume.
- Apartment owners are not allowed to make any changes outside their apartments which would affect the general appearance of the complex.
- Damages caused by guests will be charged to the apartment owners.
- Please do not play football on the grass or around the pool areas.
- Please do not leave any kind of personal belongings in the block corridors.
- Please leave your bin out in waste containers. Waste containers are located just out side of the complex entrances. Never leave your bins in the hallways.

### **Fitness Room Rules & Regulations**

Use of Fitness room is at your own risk, Mecitoglu Homes cannot be held responsible for any accidents or injuries sustained during your visit to the Fitness Room.

Access to fitness area is between 07:00-21:00.

Fitness Room area is not supervised.

**USERS MUST ABIDE BY THE FOLLOWING RULES AND GUIDELINES IN ORDER TO UTILIZE FITNESS EQUIPMENT AND EXERCISE AREAS.**

**VIOLATORS ARE SUBJECT TO REMOVAL FROM THE FACILITY.**

- Exercise equipment **not permitted** to be used by under 18 years of age.
- Closed toe trainers must be worn. **No outdoor shoes are allowed.**
- Appropriate athletic wear required at all times.
- Work out towels are mandatory, each user must bring their own towels. No sharing of towels is allowed.
- Equipment must be wiped down after each use.
- No chewing gum, tobacco or food is permitted.
- Water and sport beverages are permitted if contained in a resealable plastic containers.
- Users must return bars and weights back to their proper place immediately after use. Do not drop weights
- Users who causes damage to equipment through misuse or misconduct will be suspended from the facility and asked to pay for the damages caused.
- For your safety, please report maintenance problems immediately to the security or house keeper.

## Swimming Pool & Pool Area Rules

Use of the pool is at your own risk, Mecitoglu Homes cannot be held responsible for any accidents or injuries sustained during your visit to the pool.

### There is no life guard on duty.

#### Basic rules:

- The pool is for the exclusive use of residence and their guests and residents are responsible for the supervision and conduct of their guests.
- Swimming is permitted during the hours of 08:00 to 21:00 only.
- All children under the age of 12 must be accompanied and supervised at all times by the adult resident.
- No person may enter the pool area in an intoxicated condition.
- The pool furniture belonging to the site must not to be removed from the pool area. Owners can bring pool furniture into the pool area for their own personal use.
- Shoes or sandals are to be worn while walking to and from the Swimming pool, so that only clean feet enter the pool.
- Any person having a skin disease, sore or inflamed eyes, nasal or ear discharges, open wounds should not use the pool.
- Showers are required before entering the pool.
- No running, pushing, scuffling, splashing or rough play is permitted in the pool area.
- Glass containers of any kind are prohibited in the pool area.
- Food, drinks and smoking must be kept at least 10 meters away from the pool area.
- Alcoholic beverages are prohibited at all times.
- Abusive language or any other unnecessary noise shall not be permitted.
- Diving is not permitted.
- Objects such as frisbees, volleyballs and the like are not allowed in the pool area. Feather-weight object such as beach balls may be used with discretion.
- Users of the pool area are responsible for removing all articles they bring to the pool at the time when they leave the area. Management cannot be held responsible for any items left behind.
- Swim attire must be worn in the pool. No cut-offs, tee-shirts or street clothing. This applies to small children also. Babies must wear a snug nappy, rubber pants and swim wear.
- The cost of damaged property will be charged to the individual responsible for such damage and in the case of a guest, damages will be charged to the owner member responsible for that guest.
- No pets of any kind are permitted in the pool area.
- Lilos are not permitted for hygienic reasons.
- Surfaces around the pool including the sun terraces may be slippery, especially under wet feet. Please make sure you wear appropriate foot wear when walking across these areas.

## Sauna rules

Use of the Sauna is at your own risk, Mecitoglu Homes cannot be held responsible for any accidents or injuries sustained during your visit to the sauna.

Temperature range: 160 – 210 Fahrenheit

### **CAUTION:**

Persons with medical conditions should consult a physician before using this room.

Sauna area is not supervised.

### ***THE FOLLOWING INDIVIDUALS SHOULD NOT USE THE SAUNA:***

- Those with heart disease, diabetes, high or low blood pressure, circulatory or any respiratory problems, seizures, epilepsy, pregnant women and those who are using prescribed or illegal drugs or under the influence of alcohol.
- Children age 5 and under are not permitted in the sauna.
- Shower before entering and leaving the sauna.
- Strenuous exercise is prohibited in the sauna.
- Children between the ages of 6 and 14 must be accompanied by an adult in the sauna at all times.
- All individuals using the sauna must sit on a towel.
- Only swimwear may be worn in the sauna.
- No newspapers, magazines or paper products are permitted in sauna.
- Wear or sit on towels to protect wood from perspiration.
- Access to sauna facility is between the hours of 10:00-19:00

### ***For your safety, we recommend the following guidelines:***

- Allow a 5 minute cool down period following exercise and before entering sauna cabin.
- Limit your exposure to 10 minutes per visit.
- Allow a 5 minute cool down period after exiting sauna cabin.
- Drink plenty of water before and after using the sauna cabin.
- Remove all jewellery.

Do **not** put any water on sauna heater.

Thank you for your adherence to these rules and guidelines.

**Notice:** Please inform all of your guests about the above rules . if anyone is found breaking these rules please inform the security or the customer care department.

## **FOUR SEASONS & SPRING APARTMENTS SHUTTLE BUS INFORMATION**

### **SHUTTLE BUS ROUTE:**

- FOUR SEASONS
- KUMKOY CENTRE
- SIDE CENTRE
- MIGROS 3 M
- MANAVGAT (only Mondays at 10:00 and 12:00 services)

### **Notes:**


- Due to market on Mondays, the shuttle bus will also drive to Manavgat on this day.
- The shuttle bus does **not** run on Sundays.

### **DEPARTURE TIMES FROM FOUR SEASONS:**

10:00 also drives to Manavgat market on Mondays
11:00
12:00
16:00 also drives to Manavgat market on Mondays
18:00
20:00
21:00

### **APPROX. PICK UP TIMES FROM VARIOUS POINTS:**

KUMKOY CENTRE	11:10 - 12:10 - 16:10 - 18:10 - 20:10 - 21:10
SIDE CENTRE	11:22 - 12:22 - 16:22 - 18:22 - 20:22 - 21:22
3 M MIGROS	11:30 - 12:30 - 16:30 - 18:30 - 20:30 - 21:30
MANAVGAT	12:40 – (16:40 only Mondays)

Please click the link below to see the actual pickup points on the map .  This sign shows you where the pickup points are.

[Google Satellite Views](#)

\* There is a Four Seasons sign at the front of the bus for you to easily recognize the bus. You can also flag down the bus if you see it passing.

\* Please see the map on the Online Customer Care system under the Infos& Notices section, to see the standard pick up points.

The shuttle bus will run all year but with reduced service in the Winter.

### **Notes:**

- Mecitoglu Customer Care department reserves the right to change the terms, conditions and prices when it feels necessary.
- Mecitoglu Customer Care department reserves the right to use the shuttle bus for various other purposes at non-service hours.
- Mecitoglu Customer Care department reserves the right to change the type of the minibus permanently or temporarily when it feels necessary.
- The shuttle bus runs on a first come, first served basis, no reservations possible.